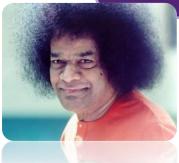


# Sathya Sai School

of Toronto - Canada

Parent Information Letter # 5 | Feb 28, 2020



Fill your mind with love. You become sacred when your mind becomes sacred.

**Grad Pics - SK & Gr8** 

Admission Interview/Test

P.D. Day (No School)

March Break (No School)

**Public Speaking** 

Pizza Day

Family Night Gr4-8

History Made in Sports! 03



The Many Faces of Love 05



Science: Studying the world around us 15





### From the Principal's Desk

Revathi Chennabathni

Dear Parents and Well-Wishers of Sathya Sai School,

Hearty congratulations to our School Basketball team and thank you to their coach, Mr. Justin Black, for their victorious win against Northmount Catholic School (see page 3).

Primary Division's Family Night that was scheduled for Friday, February 28, 2020 from 6:00 pm – 8:00 pm, has been rescheduled. Please join this event to meet, greet and eat together, once the new date is announced.

Senior Kindergarten and Grade 8 Graduation picture day is scheduled in the Sathya Sai School gym on Friday, March 6, 2020. Please ensure that they are not absent on that day.

Admission Interviews for prospective students for the School year 2020-2021 is scheduled on Saturday, March 7, 2020. Appreciate Parent Council members' support in Parent Patrolling on that day.

Thank you for all your support for the grade 8 Bake Sale held in Sathya Sai School of Toronto-Canada's foyer for five days. Grade 8 Homeroom Teacher Mrs. Nandini Menon, her students and their parents worked as a team by baking and preparing items for the Bake Sale. Overall, the Bake Sale was a huge success by the mere participation of students as well as from the feedback we received from them. Some parents even enquired if the Bake Sale would continue until the weekend. For all your support to Graduating Grade 8 class, we thank you from the bottom of our hearts.

Wishing you all a Happy and safe, March Break. The school reopens on Monday, March 23, 2020 and In-class Public Speaking contest will commence as of Tuesday, March 24, 2020.

Sincerely, Revathi Chennabathni



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## **Upcoming Events**

Family Night JK-3: to be rescheduled

Feb 28 cancelled due to Winter Weather advisory.

Grad Pics for SK & Gr8: Mar 6 Lifetouch will take cap & gown photos.

Admission Interviews/Tests: Mar 7
By appointment only.

P.D. Day: Mar 13

No school for students.

March Break: Mar 16-20

No School.

Public Speaking: Mar 24-27

Mar 24-26: In-class presentations; Mar 27: Finals

Pizza Day: Mar 26

Pizza lunch for students who ordered.

Family Night Gr4-8: Mar 27

For Gr4 to 8 parents and children, in the gym.



## **History Made in Sports!**

History has been made in Sports on February 25, 2020, for the first time ever in the annals of the Sathya Sai School of Toronto-Canada. Grade 7 & 8 students who formed our school Basketball Team under the banner "Trail Blazers" competed against North Mount Catholic School in our school's gymnasium and won a match with a one point lead. Sathya Sai School's Physical Education Teacher, Mr. Justin Black, registered our school with Small Schools Athletic Federation (SSAF) for such match to take place. Mr. Black coached and trained them for a week and got the students ready for the match. Both our team and their coach - cheered on by staff members, fellow students and parents - made us all very proud of this milestone victory on February 25, 2020! Congratulations to Mr. Black and his team for making the Sathya Sai School family proud! The Board of Directors conveyed their congratulatory messages to all.

Founder Chancellor of our school Sri Sathya Sai Baba always promoted physical health alongside mental

health. He stated that sports build character and consciously develop team spirit and help students bring out inherent values such as caring, sharing, consideration and unity among others. This is what he has to say about the correlation between physical health and mental health:

"Man needs a healthy body for a healthy mind, filled with good thoughts. It has been recognized that sports and music have been designed to confer health and happiness on man. But physical fitness alone is not enough. Mental health is equally important.

"The three benefits that are derived from sports and games are team spirit, mutual understanding and joy. Even if men speak different languages and differ in their habits and cultures, in the field of sports they have a common bond, a spirit of camaraderie." Sathya Sai Baba

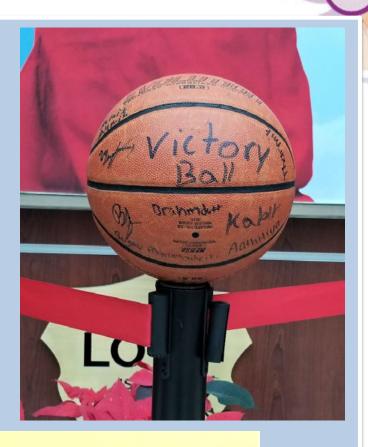
We wish Team Trail Blazers all the success in their future events. We thank all staff members, parents and students for all your support at the event.

Revathi Chennabathni Principal



Left: Northmount School team with coach; Right: Sathya Sai School team with coach Mr. Black.







# The Many Faces of Love

# Love of Reading: Scholastic Book Fair theme -Jungle Animals & Plants

The Scholastic Book Fair, held on January 28-31, 2020, drew eager readers to the displays on shelves and tables, where students look for their favourite genres and authors. This year's theme of jungle animals and plants caught the eye with colourful book covers and posters. The book fair was very successful, encouraging



students in their love of reading. Thank you parents for your support. Sixty percent of the sales will be returned to the school, for use in purchasing school supplies through the Scholastic catalogue. Thank you to Mrs. Revathy Mohan, who coordinated the Book Fair, assisted by Mrs. Rani Gupta who looked after the sales table. We appreciate the help of the grade 8 students in setting up the tables and books, as well as the flow of students during sales times.





## Open House: A school founded on love

On February 7, 2020, the Sathya Sai School was thronged by eager prospective parents, despite the cold winter weather. They browsed with great interest through the classrooms, as they admired the creative unit themes displayed by teachers and their students' work. Parents asked many questions of the teachers and class ambassadors in each class. In the gymnasium, Principal Dr. Revathi showed a slide presentation of the school's programs and accomplishments, accompanied by photos highlighting school events over the years. The audience was then treated to a lovely Yoga presentation by seven students from various grades, choreographed by Yoga teacher Mrs. Irina Spaley. This was followed with a musical rendition of the Sathya Sai School song by the talented school Choir and Band, conducted by Music teacher Mr. David Labrada More. After watching the flowing yoga, and listening to the spirited choir voices and musicians, the keen parents had the opportunity of submitting their applications, bringing to a close a very full evening.



Many thanks to parents and volunteers for setting up equipment in the school gym and directing traffic in the school parking lot; and to the teachers and volunteers who assisted in the application process: Mr. Ram, Mr.Som, Mr. Patel, Mr. Balakrishnan, Mr. Mathi, Mr.Srinivas, and Mr.Varathan;

Ms.Bahirathan, Mr.Black, Ms.Gabiana, Ms.Gadhavi, Ms.Jhawar, Mr.Kandavel, Mr.Kpodjie, Ms.Menon, Ms.Mohan, Mr.Nankivell, Ms.Pandit, Mr.Sharanigan, Ms.Sharma, Ms.Spaley, Ms.Urman, and Ms.Yogeswaran. *Apologies to any volunteers we may have missed*.

# Admission Interviews & Tests, Saturday, March 7, 2020

Admission interviews and tests will be held at Sathya Sai School, to be administered by a panel of people from the school community. Parents and children being interviewed are requested to come 10 minutes before their appointed time. Children applying for grades 3 to 8 will be taking placement tests and are requested to come by 9:30 AM.

# Valentine's Day: Sharing Love with Seniors

Grade 3 and 7 students had the good fortune to spend their afternoon with Senior citizens at St. Paul's L'Amoreaux Centre. Before the event, the grade 3's prepared paper gift boxes and the grade 7's made cards. Under the direction of their teachers, Ms. Mohan, Mr. Nankivell, and Mr. Labrada More, the grade 3 students sang several songs, accompanied by the grade 7's on a variety of musical instruments. Afterwards, students gave their handmade gifts and cards personally to each senior, as loving smiles were exchanged, filling all hearts with joy.





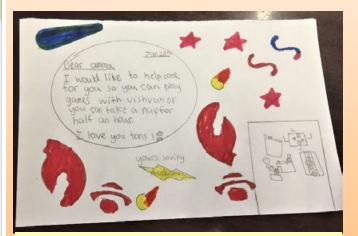






## Expressing Love and Generosity with the precious gift of time

While exploring the value of generosity, grade 3 students discovered that time is more precious than money or other valuables and giving their time to help someone is also generosity. Leading on, we turned the spotlight on to who is the person in our lives who is hard-pressed for time and the consensus was moms. So we came up with the idea of writing notes to express love and generosity to mom, to take care of one of the many chores she has to do for others and give her some precious time for herself to do as she pleases. After all, charity begins first at home.



Dear Amma, I would like to help cook for you so you could play games with Vishvah or you can take a nap for half an hour. I love you tons!
Yours loving, Aadavan



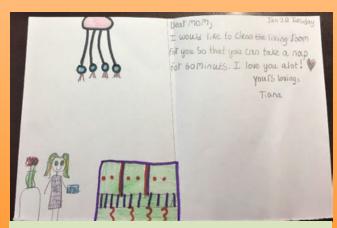
Dear Mom, I would like to take care of my little sister for you so that you can talk with your Mom for 30 minutes.

Yours loving, Khush



Dear Mama, I would like to wash the dishes for you while you take a nap or read your books for a half an hour!!!!

You lovingly, Shreya



Dear Mom, I would like to clean the living room for you so that you can take a nap for 60 minutes. I love you a lot!

Yours loving, Tiana









#### Caring

Even if your looks are like that of a bear,

Grace will glow on your face if you show care.

Caring should be shared; don't contain it.

Be the proud reason for a smile being lit.

Being caring takes a lot of time that you'll burn,

But afterwards, it's love that you'll earn.

So give caring a try and don't let that be a ruse,

'Cause anyway, you've got nothing to lose.

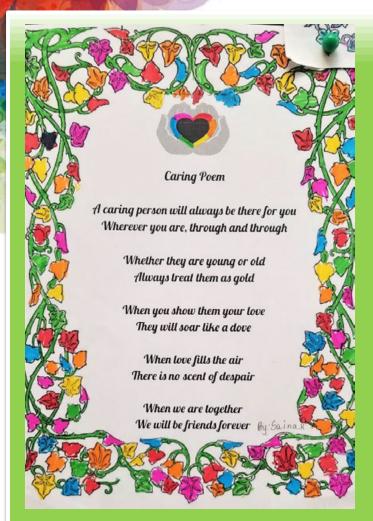
This knowledge you learnt now should be implemented, It doesn't have to be in a day, gradually it could be accomplished.

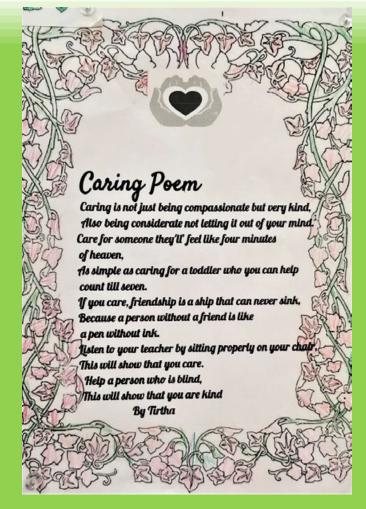
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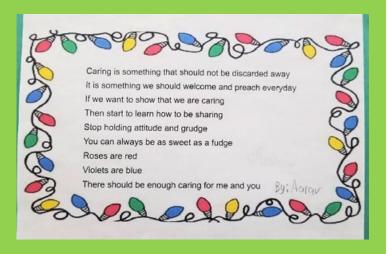
Sathya Sai School of Canada

ww.sathyasaischool.ca









www.sathyasaischool.ca

## **Grade 8 Bake Sale:**

## A huge success

During the Grade 8 Bake Sale, the enthusiasm and happy smiles of the students selling, as well as those buying, along with the aromas of many foods, filled the school for five days: from Feb. 18-21, and 24. Delicious homemade and store-bought food were contributed by parents, students, and their teacher Mrs. Menon. The sale was a great success, with students and staff lining up eagerly to select some of their favourite snacks. This annual event at the Sathya Sai School helps raise funds for the Grade 8 graduation trip in June. It rises out of the grade 8 curriculum unit on business, giving students experience in planning and operating a business venture.













## Students' Give Thanks

The Grade 8 Bake Sale was held from February 18<sup>th</sup> to the 24<sup>th</sup>. We got together and organized the items we would sell for every day of the week. The class was bustling with excitement as it was the first time we did this! The bake sale taught us that being organized was of utter importance! For example, if we made a mess in the kitchen, it would be difficult to clean up. Additionally, we made a lot of profit which will help us pay for our graduation trip. On behalf of the entire grade 8 class, we would like to thank all students and parents who bought items or donated to the bake sale, as well as the teachers and staff. The bake sale wouldn't have been as successful as it was without all of you!

- Reena

The Grade 8 Bake Sale was from February 18<sup>th</sup> till the 24<sup>th</sup>. The experience we had was thrilling. It was our first time hosting something like this. Thank you, parents, for sending money with your children. The money we raised throughout the week will go towards our graduation trip as well as our graduation. We all put in time and effort in baking some sweet goods and also some salty food. We all enjoyed this experience and interacting with the children. It seems like the children enjoyed our crafts and goods. We hope your children enjoyed the time they had. Thank you for contributing towards the Grade 8 graduation trip and graduation.

- Nandhika



# Science: Studying the world around us

# Grade 6: Electricity and Electrical Devices

In Mrs. Sharma's grade 6 science class the students completed the unit on Electricity and Electrical Devices. Following the Ontario curriculum, the students were asked to design, build, and test a paper circuit that transforms electrical energy into another form of energy in order to perform a function with a push button, (e.g., a device that makes a sound and/or that lights up by pressing a button). Building a paper circuit seemed to be a play-platform for the students to

investigate concepts at the intersection of art, science, and technology. The circuit and art created are as significant as the process of testing, questioning, and occasionally failing. Activities and investigations encouraged the students to complexify their thinking over time. Paper circuits started out simple, but then grew in complexity with circuit understanding and finding an artwork that would light up in the right spot where the LED bulbs were. The pictures are printed for your reference.

- Mrs. Seema Sharma, M.Sc. (Physics), teaches Science to grades 5 and 6.







to











# Scientists in School - JK

## Simply Marvelous Machines

### By Ms. Gabiana, JK teacher

Ms. Laura from Scientists in School came to our JK class to facilitate a workshop titled "Simply Marvelous Machines." The children had fun and understood how the playground structures work. There were five different learning stations wherein they discovered, and manipulated simple Kindergarten students figured out how gears work and solved teeter-totter problems. One station simply looked like they were playing with dough but the students investigated the use of wedges. Wheel and Axle machines were explored to move toy cars and wagons. Along with our Mathematical concept for measurements, children compared shapes, sizes, weights and heights using inclined planes and lever they made their own lever to take home too!

These machines are fun to use and make our work easier.





















## Scientists in School - SK

### "There's No Place Like Home."

### By Ms. Gadhavi, SK teacher

Ms. Sumbla from Scientists in School came to our class to facilitate a workshop titled "There's No Place Like Home." The children had fun learning about animals, birds and their habitats. Senior Kindergartners participated in pretend play and acted as birds while building a nest by using just their beak. They slithered like a snake and dug like a mole through a pretend underground tunnel.

Kindergarten students developed a lifelong respect for the environment by discovering the plants and animals that make up a variety of habitats. There were five different learning stations wherein they discovered, inquired and manipulated:

#### Activity 1: Lake Zones: Who Lives Where?

Students learnt about three layers or zones in a lake and animals that live in those zones.

- Shallow Water allows aquatic plants to grow;
- Open Water area in the middle of the lake where light cannot usually penetrate to the bottom;
- Lake Bottom area at the bottom of the lake where organisms live in the layers of mud and silt.

### Activity 2: Schoolyard Scavenger Hunt

Students learnt about animals and plants in their schoolyard habitat and signs that can indicate their presence in a particular habitat. Some habitats that are visible includes burrows, hollow logs, and nests. Some signs that indicate animal presence are:

- Tracks and trails
- Feeding signs
- Sounds
- Body parts
- Droppings

#### **Activity 3: Habitat Shadow Boxes**

Students learnt about what makes up a habitat. Shadow boxes are enclosed cases that contain objects presented in a thematic grouping to create a dramatic visual representation of the theme.

#### Activity 4: Home Sweet Home!

Habitats are where an organism finds what it needs to survive and reproduce. It may include water, food, shelter and other members of its species. Students enjoyed learning which animals will move into a small natural habitat.

### **Activity 5: Living Terrarium Habitats**

Senior Kindergartners learnt about different types of animals using trees as their habitat. Students also learnt to make their own living habitats. They explored different types of bird beaks and made their own nest using hay.















# **Bridge Building & Seismic Resistance Structures**

Dr. Jega Jeganathan of the Professional Engineers of Ontario Scarborough Chapter (PEOSC) visited Sathya Sai School and gave a slide presentation to students on Friday, February 21, 2020. He outlined the requirements for the Bridge Building Competition (for grades 3-6) and the Seismic Resistance Structure Contest (for grades 7-8). Teams of two to three students may apply. Registration per team of \$12 is to be done by parents. All students are encouraged to participate!

Note: New registration deadline: Feb. 26, 2020.









# Grade 6 Visits Aga Khan Museum



# Family Night

Family Night
JK to Grade 3

To be rescheduled !!

Feb 28 date cancelled due to Winter Weather Advisory



## Legislative Page Program

In the Autumn of 2019, Grade 8 student Aarya Shah participated in the Legislative Page Program. The school received the following letter from the Legislative Assembly of Ontario.

Legislative Assembly of Ontario



Assemblée législative de l'Octario

7

Sathya Sai School 451 Ellesinere Road Tosonto, ON M1R 4E5

Dear Dr. Revathi Chennabathui.

This letter is to confirm that Aarya Shah successfully participated in the Legislative Page Program from October 24, 2019 to November 7, 2019. During this term of duty, Aarya exercised good judgment, tact and diplomacy when working with Members of Provincial Parliament and officers of the House. In the Legislative Chamber, she learned the correct procedures for delivering bills, motions, petitions and official House documents according to parliamentary rules. When preparing the Chamber for the daily meetings of the legislature, Aarya performed her duties efficiently and professionally.

In the classroom. Aarya was an active participant in the Legislative Process corriculum. Aarya contributed to class discussions and activities, demonstrating a genuine interest in learning about Ontario's parliamentary system. She was always willing to provide her well thought out opinions and asked remarkably astute questions in class and about happenings in the Chamber. Aarya did an excellent job as Page Captain, leading by example and engaging the class with a well delivered report and giving many thoughtful observations of the team's performance. Aarya displayed the qualities of a model page throughout her term of duty. She had a strong grasp of the required knowledge for the program and was able to commit to memory all required information, including 124 MPPs and Cabinet Ministers. In written assignments, Aarya developed a strong understanding of the legislative process, forms of government and the political spectrum. Aarya was a fantastic legislative page both in the Chamber and in the classroom.

We appreciate the support that you have given to Aarya and the Legislative Page Program. We look forward to receiving applications from students at your school in the future. Should you have questions about our program please contact our office at 416-325-7457.

Sincerely,

Franço Gutierrez, OCT

Legislative Page Program Coordinator

PARI IAMENTARY PROTOCOL AND POSITO RELATIONS BRANCH
Legislative Building, Queen's Perk, Tometh, Origin. M7A 1A2. (116) 325-7500; (416) 325-7489 EAX, TTY (416) 325-9426
DERICTION DE PROTOCOLE, PARILIMENTARIE ET DES RELATIONS PUBLIQUES
Édifice de l'Assemblée Régislative, Queen's Park, Toronto (Origin). M7A 1A2. (416) 325-7500; Telke. (416) 325-7480, ATS (416) 325-9420



# Founder Chancellor Sri Sathya Sai Baba to Students

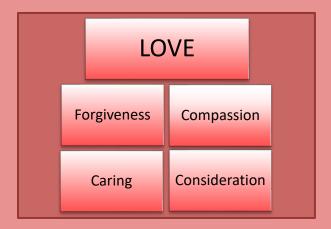
### The Heart is full of compassion

Everything is the reflection of the inner being. Your innate nature is always pure. You pollute it because you follow the worldly path and fill your heart with worldly feelings. The heart is always pure, steady and selfless. It gets polluted mainly due to unsacred vision, unsacred listening and unsacred speech. You can maintain its purity only when you use the five senses in a responsible and sacred manner. Heart is that which is full of compassion. Just as one God is worshipped in many forms and names, the Divine Spirit has various names like truth, right conduct, love. You have to make efforts to understand and experience unity in diversity. Buddha could experience bliss only after understanding this principle of unity. He sacrificed all sensual pleasures. He understood that all that we experience through the senses is useless and leads to bondage. He realized that misuse of the senses destroys the very humanness itself. He left his house and family and renounced the world. Ultimately, he realised unity of Spirit and attained the state of Nirvana.

- Sathya Sai Speaks, Vol. 33, pp. 127.



# Human Value for Jan/Feb LOVE



"Love and compassion are necessities, not luxuries.

Without them, humanity cannot survive."

— DALAI LAMA XIV, The Art of Happiness

## **Multi-Faith Festivals** around the world

Feb 5

Chinese New Year (Confucian,





Feb 8/15

Taoist, Buddhist)

Nirvana Day (Buddhist, Jain)





Feb 14

St. Valentine's Day (Christian)



Feb 21

Maha Shivaratri (Hindu)



Feb 25

Shrove Tuesday (Christian)



Feb 26

Intercalary Days start (Baha'i)



Feb 26

Ash Wednesday (Christian)



Mar 9

Magha Puja Day (Buddhist)



## **Uniform Note**

Uniforms may be purchased every Tuesday, from 9:30 AM to 3:00 PM.

# **Important Dates: Feb/Mar 2020**

To be rescheduled: Family Night JK-3 TBD

Mar 6 Grad pictures SK & Gr8

Mar 7 Admission Interviews/Tests

Mar 13 P.D. Day (No School for students)

Mar 16-20 March Break (No School)

Mar 24-26 Public Speaking in-class

Mar 26 Pizza Day

Mar 27 Public Speaking Finals

Mar 27 Family Night Gr4-8

Yours truly, Ms. Recht, Admin.Asst. Dr. Revathi, Principal

