

October 20, 2023



PARENT BULLETIN #06

# The News

SATHYA SAI SCHOOL OF TORONTO-CANADA



## OurKids Expo at Roy Thompson Hall



This past Saturday marked the OurKids Expo, hosted at the prestigious Roy Thompson Hall in downtown Toronto. The event served as a platform to introduce the Sathya Sai School to a broader audience. We extend our heartfelt gratitude to the dedicated parents and staff members who actively engaged in this enriching one-day event, effectively showcasing the excellence of our school. Pictured from left to right: Ms. Sheila Khambhla, Ms. Swarnaa Anandarajah, Mr. Liet Hau, Ms. Sherina Cassiere, and Dr. Revathi Chennabathni.

## Parent Bulletin Highlights

OurKids Expo Team

A Letter from the Principal: Dr. Revathi

Celebrating Diverse Cultures - Islamic Heritage Month

Kindergarten's Leaf Man Project: Where Nature Sparks Creativity

Vibrant Visions: Grade 3 Art Class Explores the Beauty of Nature's Color Symphony

October Food Drive

Parent Bulletins are Created and Designed by Faith Van Wart



**DR. REVATHI**  
PRINCIPAL'S OFFICE

October 20, 2023

Dear Parents and Well-wishers of Sathya Sai School,

First and foremost, I would like to express my heartfelt gratitude for your generous contributions to the Annual Halloween Food Drive at Sathya Sai School. Your support is invaluable and greatly appreciated.

As we approach the culmination of the food drive on October 30, 2023, I want to take a moment to remind everyone of the importance of winter safety, particularly when it comes to our children.

According to the recommendations of The Canadian Pediatric Society, it is advised to keep children indoors at -27 windchill or colder. Additionally, when temperatures reach -15C or lower, it is advisable to limit outdoor exposure. These guidelines are provided for the well-being of our young ones.

In light of this, I kindly request all parents to ensure that your children are equipped with the appropriate outdoor gear when they come to school. This will enable them to stay warm and comfortable during their time outdoors.

**Please take a note of the upcoming events:**

**October 21, 2023** – Athletics Competition for Grades 5 & 6; 7 & 8

**October 26, 2023** – Report cards sent home

**October 27, 2023** – Parent-Teacher Interviews (No school for students)

**October 28, 2023** – Family Nights - JK-Grade 8

**October 30, 2023** – The annual Halloween Food Drive ends

**October 30 – November 3, 2023** – Grade 8's Beyond Bake Sale

Thank you once again for your ongoing support and cooperation. Together, we can ensure a safe and nurturing environment for all our students.

Sincerely,  
Revathi Chennabathni

# Celebrating Diverse Cultures - Islamic Heritage Month

Throughout the year, Sathya Sai School students promise to continually demonstrate the teachings of other cultures, celebrate diversity, and promote understanding of all the different religions around the world and perhaps even inside our own school community.

Ms. Touka, the grade 1 teacher, also gave a wonderful speech that included plenty of additional details on Islamic culture. The prayer mat, the five pillars, Eid Al-Fitr, and other subjects were covered. She also talked about Islamophobia - the fear or hatred of Islam based on stereotypes. Ms. Touka spoke about how we should ever spread love and never hatred, and how we should be resilient towards any negativity pushed upon us.



Topics such as the Holy Water, Kaaba, Quran, Eid, and Ramadan were included. However, it wouldn't have been possible without the contribution of students from other grades as well. The script was made using the knowledge of students from the primary grades, which was then formed into a play by the Grade 8s. The act was then performed on stage at the school using the power of teamwork.

Resilience is the subvalue for the week, and it enables one to respond to hate with kindness, empathy, and understanding, rather than being discouraged or retaliating. Cultivating resilience involves building emotional strength and coping skills, which can help everyone maintain a positive and loving atmosphere even in challenging situations, contributing to a more compassionate and harmonious world. As a famous saying states, an eye for an eye is never a good option otherwise everyone in the world will become blind.

To fight Islamophobia, we should avoid stereotypes by learning more about Islam and promoting love and peace. We can achieve this by talking openly, educating ourselves, and valuing cultural diversity. This way, we create a more inclusive and peaceful society, which is the need of the hour.



The month of October is celebrated as Islamic Heritage month. The Grade 8s presented an entertaining and informative skit about the religion of Islam. The purpose of the skit was to create awareness about the various cultures around the world and spread an atmosphere of love and peace.



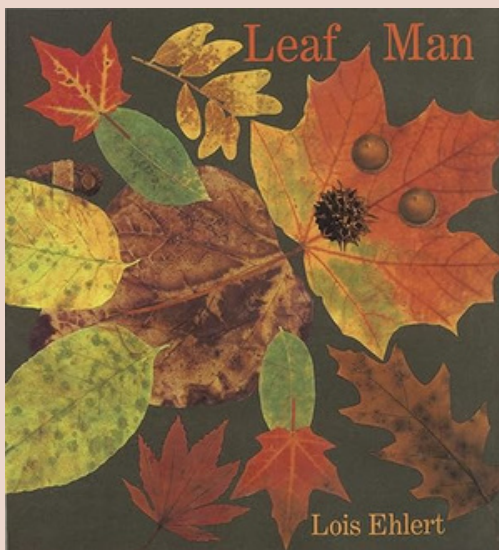
## Kindergarten's Leaf Man Project: Where Nature Sparks Creativity



In a delightful fusion of nature and art, the Junior Kindergarten (JK) students at Sathya Sai School embarked on an enchanting Leaf Man project, inspired by the beloved children's book of the same

name. Guided by their devoted teacher, Ms. Morin-Strom, the young artists transformed autumn leaves into the whimsical character Leaf Man.

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### The Leaf Man



"Leaf Man" is a children's book written and illustrated by Lois Ehlert. The story follows the adventures of Leaf Man, a character made entirely of leaves, as he is blown away by the wind and travels through various landscapes. Along the way, he takes on the forms of different creatures and objects, all created from the colorful leaves he encounters.

The book is known for its vibrant and intricate collages, which are composed of real leaves and other natural materials. These illustrations beautifully depict the changing seasons and the diverse array of landscapes Leaf Man visits.

The narrative encourages children to use their imagination and see the potential for creativity in the natural world around them. It's a whimsical and visually stunning book that celebrates the beauty of nature and the endless possibilities for artistic expression.

## Kindergarten's Leaf Man Project: Where Nature Sparks Creativity



The children carefully arranged their chosen leaves on Leaf Man printouts, drawing inspiration from the characters in the "Leaf Man" book. With focus and determination, each student meticulously placed the leaves, developing fine motor skills and gaining a deep appreciation for nature's delicate beauty.

To add depth and texture to their leaf men, Ms. Morin-Strom provided an assortment of colour shapes. These served as a delightful complement to the organic forms of the leaves, encouraging the young artists to experiment with patterns and structures. The integration of shapes prompted thoughtful consideration of composition and balance, resulting in leaf men that were visually captivating and artistically refined.

The Leaf Man project celebrated the individuality of each student. Through this hands-on, nature-inspired endeavor, the JK students expressed their unique preferences and artistic flair. These leaf men became a testament to their creativity, leaving a lasting impression on both students and teachers alike.

In conclusion, the Leaf Man project exemplifies the transformative power of art in education. Guided by Ms. Morin-Strom's passion and expertise, the JK students not only created stunning leaf men but also developed essential skills fostered a deep appreciation for nature, and celebrated their own artistic voices. This project stands as a testament to the boundless potential of nature-inspired learning experiences, creating cherished memories for all involved.



# Vibrant Visions: Grade 3 Art Class

## Explores the Beauty of Nature's Color Symphony



In Art class, Grade 3 students enhanced their knowledge and understanding of cool and warm colors by looking at Nature's balancing and blending colors and the vivid imagery they create. They experimented with using three different coloring tools to create their art pieces. They are also connected with the value of unity in diversity, the existence and amalgamation of various colors in Nature, and the beauty that emerges from this blend.



## REMINDER

If you haven't already, please ensure that you write your child's initials and grade number on the tag of their sweaters, vests, and sweatshirts. This simple step can save you both time and money, as it eliminates the need to search for misplaced items and helps avoid unnecessary purchases.

## FOOD DRIVE

Just a friendly reminder that our food drive is still going strong. If you happen to be doing some grocery shopping, we'd be incredibly grateful if you could grab a few additional items to donate. Even the smallest gestures of kindness have a big impact, and collectively, we can bring about substantial change in our community. Thank you for your continuous support, and let's keep collaborating for a more compassionate and brighter tomorrow.



### Items most in need:

- Rice and Pasta
- Canned Fruit
- Powdered Milk
- Canned Vegetables
- Canned Beans
- Pasta Sauce
- Canned Soup
- Macaroni and Cheese
- Peanut Butter
- Canned Stew (vegetarian only)
- Baby Formula
- Baby Food (preferably in pouches)